

The Iowa Clinic Physical Therapy Department: Reinventing the Way Industrial Workers Receive Care

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The Iowa Clinic can provide services directly at the work site,
or in the traditional clinical setting.

On Site Therapy

The Iowa Clinic has developed a "fast-track" therapy program to be delivered while the injured worker is on the job, even if the employee is working within medical restrictions. Therapists providing care in the work environment can understand the nature of the work, the critical factors of the work to be performed, and the social issues inherent to the workplace that may impede a full recovery. The aggressive on-site approach minimizes the "sick role" some employees acquire and keep them connected to their work place.

Our program is based on the philosophy that everyone benefits from care provided at the workplace. Individuals handling the claims gain improved communication and save on employee travel time and expense.

There are a number of ways the injured worker will benefit from the on-site "fast-track" program. The therapist will become familiar with the duties the injured worker is to perform upon his/her return to work.



The therapist can work directly with the injured worker at his/her workstation to improve body mechanics and production techniques. The therapist will be on hand to address any specific challenges the injured worker may face once they return to work.

Status Reports

Status reports are a key part of the rehabilitation process. Physicians will receive up to date status reports outlining any medical symptomology changes that may begin during therapy as well as the patients current work tolerances and abilities to perform the critical demands of their job. The therapist will also stay in constant communication with the employer, case manager and adjustor.

Services Provided

Acute Evaluation and Therapeutic Care

provided through traditional modalities as soon as possible after injury.

Functional Capacity Evaluation (FCE)

The Iowa Clinic utilizes the Blankenship system to provide a complete assessment of any functional limitations of the injured worker.

Work Hardening/Work Conditioning

Therapists utilize a functionally based program utilizing (real or simulated) work activities to improve strength and cardiovascular conditioning. Therapists follow written and mutually agreed upon goals to reintegrate the worker to the workplace.

Light Duty Program

Development Therapists will work with adjusters, employer's human resource specialists, and occupational nurses to develop light duty programs to return the injured person to work in a safe and cost effective manner.

Ergonomic Assessment

Ongoing assistance with ergonomic issues to reduce the claims and costs associated with workers' compensation injuries.

Educational Programs

Tailor made to fit your production needs. The Iowa Clinic uses the nationally recognized IMPACC education program as the foundation for all programs developed.

For more information on The Iowa Clinic physical therapy department please call (515) 241-3472. ▼

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