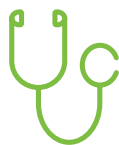


where to go for care during the COVID-19 outbreak

Unsure of where to go for care? CALL US FIRST 515.875.9000

Amidst the COVID-19 outbreak, it can be difficult to know where to seek care. It is important you are getting the correct medical attention while keeping yourself and others safe. Refer to this chart to make the best healthcare decision for your symptoms.



	Primary Care	Urgent Care	Emergency Room	Virtual Clinic
Convenience	Normal business hours	Expanded hours and weekends	24/7	Varies—expanded hours to 7am-7pm

Conditions Treated

Preventive Care (Call Office)	✓			
Diabetes	✓			✓
Women's Health Issues	✓			✓
Mental Health (Depression, Anxiety, etc.)	✓			✓
Hypertension	✓			✓
High Cholesterol	✓			✓
Hypothyroid/Thyroid Disorder	✓			✓
Medication Refills	✓			✓
Pink Eye	✓	✓		✓
Cuts and Minor Burns	✓	✓		✓
Sprains and Strains	✓	✓		✓
Skin Problems	✓	✓		✓
Headaches and Migraines	✓	✓		✓
Asthma and COPD	✓	✓		✓
Abdominal Pain with Diarrhea	✓	✓		✓
Back Pain	✓	✓		✓
Cold and Flu		✓		✓
Diarrhea		✓		✓
Fever		✓		✓
Sore Throat and Cough		✓		✓
Upper Respiratory Infections		✓		✓
Infections		✓		✓
IV Hydration and IV Antibiotic Administration		✓		
Infusions		✓		
Constant Vomiting		✓		
Allergic Reactions (Minor=UC, Major=ER)		✓	✓	
Broken Bones, Fractures and Dislocations		✓	✓	
Head or Eye Injuries (Minor=UC, Major=ER)		✓	✓	
Chest Pain			✓	
Continuous Bleed and Deep or Large Wounds			✓	
Severe Shortness of Breath			✓	
Weakness or Pain in Arm or Leg			✓	
Unconsciousness			✓	
Suspected Heart Attack or Stroke			✓	