

## Questions and Answers

### What happens post-treatment, during the recovery period?

After the treatment, patients typically go home the same day without a catheter. There is minimal downtime post-treatment and many patients experience symptom relief in as early as 2 weeks. Patients may experience some urinary discomfort during the recovery period. The most common side effects may include blood in the urine, some pain or discomfort when urinating, some increased urge to go and discomfort in the pelvis that typically resolve within two to four weeks after the procedure.

### Will having the UroLift<sup>®</sup> System treatment affect my sexual function?

Clinical studies have shown the UroLift<sup>®</sup> System treatment does not cause new, sustained instances of sexual dysfunction.<sup>1,2,4,6</sup> The same cannot always be said of other BPH therapies such as TURP, laser, and even medication.<sup>1,3</sup>

### What clinical data is available for the UroLift System?

We have over 25 peer-reviewed publications demonstrating the UroLift System is safe and effective. Improvement in urinary symptoms, as seen through reduction in IPSS (International Prostate Symptom Score), has been consistent across the various studies, showing rapid relief in as early as two weeks and sustained effect to five years.<sup>6</sup> To learn more about the clinical data available, visit [UroLift.com.au](http://UroLift.com.au)

1. Sonksen, *EU Urol*, 2015 BPH6 Study 2. Roehrborn, *J Urology* 2013 LIFT Study 3. 2003 AUA Guidelines 4. No instances of new, sustained erectile or ejaculatory dysfunction. McVary, *J Sex Med* 2014 5. Shore, *Can J Urology* 2014 6. Roehrborn et al. *Can J Urol* 2017 7. Bachmann, et al., *Eur Urol* 2018

A proven approach  
to treating BPH  
without ongoing medications,  
heating, cutting or removing tissue



The UroLift<sup>®</sup> System is a minimally invasive treatment that alleviates BPH symptoms and...

## DELIVERS RESULTS THAT MATTER

Benefits of the UroLift<sup>®</sup> System include<sup>1-7</sup>:

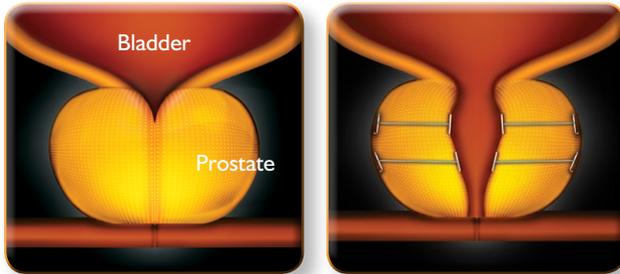
- Rapid symptom relief and recovery
- Risk profile better than reported for surgical procedures such as TURP
- Symptom relief better than reported for medications
- Preservation of sexual function
- A quick return to normal activity
- Significant improvement in quality of life
- Does not require ongoing BPH medication

BPH affects more than 500 million men worldwide, with many men suffering from symptoms of enlarged prostate.<sup>7</sup>

The UroLift® System is a revolutionary treatment that provides rapid and durable relief from the bothersome urinary symptoms associated with BPH. Clinically proven to be safe and effective, the UroLift System can improve symptoms better than with medication.<sup>6</sup>

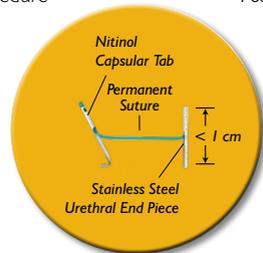
### How does the UroLift® System work?

The doctor places small, permanent retractors into the prostate to lift and hold the enlarged tissue out of the way, relieving pressure on the urethra and allowing urine to flow. There is no cutting, heating, or removal of prostate tissue required which means a minimally invasive, straightforward procedure and less downtime for patients.



Pre-procedure

Post-procedure



The small UroLift transprostatic tissue retractor is made from commonly used implantable materials. Typically, 4-6 retractors are used per patient.

The only transurethral BPH treatment that does not remove a part of the prostate, does not negatively impact a man's sexual function, and *delivers results that matter.*

Symptom Relief	Daily Medications	UroLift® System*	Laser/Surgery
Minimally invasive treatment	✓	✓	
Rapid relief with a low risk profile <sup>2,3,6</sup>		✓	
Durable results after one treatment <sup>3,6</sup>		✓	✓
<b>Advantages</b>			
No cutting, heating, or removal of tissue	✓	✓	
Preservation of sexual function <sup>2,4</sup>		✓	
No dizziness, headaches or lack of energy (asthenia) <sup>2,3,7</sup>		✓	✓
<b>Convenience</b>			
Procedure can be performed in the theatre	NA	✓	✓
Typically no catheter required after procedure <sup>2,7</sup>	NA	✓	
No ongoing BPH medications required <sup>6</sup>		✓	✓

\*Most common adverse events reported include haematuria, dysuria, micturition urgency, pelvic pain, and urge incontinence. Most symptoms were mild to moderate in severity and resolved within two to four weeks after the procedure.



Isn't it time for you to live life uninterrupted?

Talk to your doctor to determine if you are a candidate.

To learn more about the UroLift® System and read about patient experiences, visit

[www.UroLift.com.au](http://www.UroLift.com.au)



Paul S., 66  
UroLift® System patient

### Paul's Story

Business owner Paul was forced to give up his hobbies and started to avoid leaving the house due to his enlarged prostate. Since his UroLift System treatment, he's happier, calmer and says he feels 15 years younger.

"You don't realize it at the time, but you are constantly embarrassed and harassed by the need to be near a toilet. I was always dying to go, and when I did go nothing much happened, and after a short space of time you'd need to go again. It dominates your life but you don't realize it until afterwards.

I would describe my mood as agitated and stressed. I was forced to give up flying – my absolute passion in life – because it wasn't safe. I had to get up two or three times a night – so it badly affected sleep – and this went on for more than three years."

**"I have had a new lease of life since my UroLift® System procedure"**

Paul began to take a drug called tamsulosin and was on that for three years – he says it was helping only a little bit. Then Paul met urologist Gordon Muir who recommended the UroLift System procedure.

"Very soon afterwards, I felt so much better. I feel like I have had a new lease of life. I am on a new exercise regime and I am back to where I was when I was 50. I feel more interested in life, and have taken up golf as well – and play three times a week. Life is different, and I would absolutely recommend this."