

Child Passenger Safety

Protect your precious cargo by making sure they ride right at all times. For more information go to iowaclinic.com or call 515.875.9420. Best Practice Guidelines are per the American Academy of Pediatrics and the National Highway Traffic Safety Administration

Baby Seats Birth - 1 year



Iowa Law

Children must ride in an appropriate rear-facing safety seat until one year of age and at least 20 pounds.

Best Practice

Children should ride in an appropriate rear-facing child safety seat until the maximum weight limit of the safety seat is reached – this can be up to 40 pounds depending on the seat.

Toddler Seats 9 mos - 6 years



Children must ride in a child safety seat or booster seat through the age of 5. (Seats must be used in accordance with manufacturer's directions.)

A child should be restrained in a 5-point harness system until the maximum weight limit for the seat is reached. This is usually 50-65 pounds, although some 5-point harness seats are now rated up to 80-90 pounds.

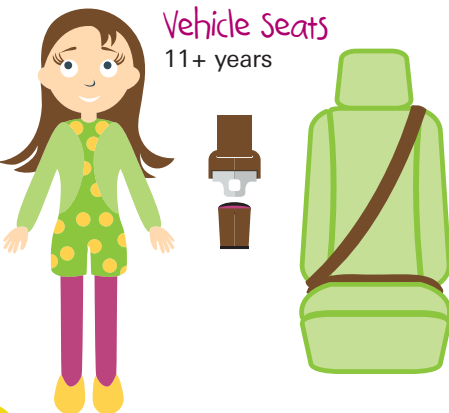
Child & Booster Seats 6 - 11 years



Children must be in a booster seat or seat belt between the ages of 6-11, regardless of their seating position within a vehicle.

At maximum harness weight, a child should graduate into a booster seat. A child should ride in a booster seat until their knees bend over the edge of the vehicle seat and their feet touch the floor while sitting all the way back.

Vehicle Seats 11+ years



Rear seat occupants up to age 18 must be secured by a safety belt.

Buckle up for life! Regardless of your age, protect yourself and fellow occupants by buckling up every trip, every time, regardless if your seating position within the vehicle.