

## Craniotomy

### Overview

Craniotomy is a cut that opens the cranium. During this surgical procedure, a section of the skull, called a bone flap, is removed to access the brain underneath. The bone flap is usually replaced after the procedure with tiny plates and screws.

A craniotomy may be small or large depending on the problem. It may be performed during surgery for various neurological diseases, injuries, or conditions such as brain tumors, hematomas (blood clots), aneurysms or AVMs, and skull fractures. Other reasons for a craniotomy may include foreign objects (bullets), swelling of the brain, or infection. Depending on the reason for the craniotomy, this surgery requires a hospital stay that ranges from a few days to a few weeks.

### What is a craniotomy?

Craniotomy is any bony opening that is cut into the skull. A section of skull, called a bone flap, is removed to access the brain underneath. There are many types of craniotomies, which are named according to the area of skull to be removed (Fig. 1). Typically the bone flap is replaced. If the bone flap is not replaced, the procedure is called a craniectomy.

Craniotomies are also named according to their size and complexity. Small dime-sized craniotomies are called burr holes or keyhole craniotomies. Sometimes stereotactic frames, image-guided computer systems, or endoscopes are used to precisely direct instruments through these small holes. Burr holes or keyhole craniotomies are used for minimally invasive procedures to:

- insert a shunt into the ventricles to drain cerebrospinal fluid (hydrocephalus)
- insert a deep brain stimulator to treat Parkinson Disease
- insert an intracranial pressure (ICP) monitor
- remove a small sample of abnormal tissue (needle biopsy)
- drain a blood clot (stereotactic hematoma aspiration)
- insert an endoscope to remove small tumors and clip aneurysms

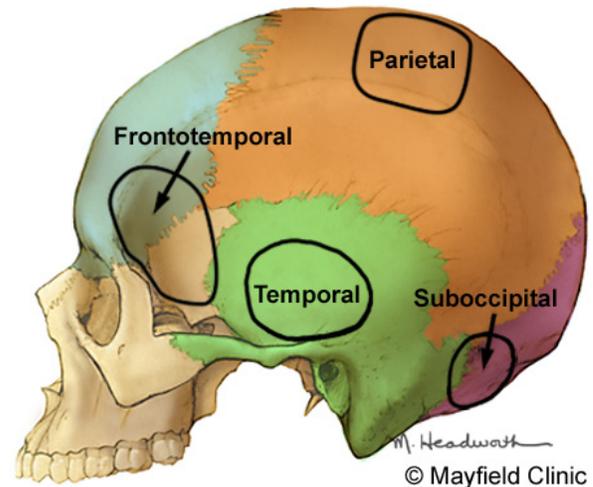


Figure 1. Craniotomies are often named for the bone being removed. Some common craniotomies include frontotemporal, parietal, temporal, and suboccipital.

Large or complex craniotomies are often called skull base surgery. These craniotomies involve the removal of a portion of the skull that supports the bottom of the brain where delicate cranial nerves, arteries, and veins exit the skull. Reconstruction of the skull base is often necessary and may require the additional expertise of head-and-neck, otologic, or plastic surgeons. Surgeons often use sophisticated computers to plan these craniotomies and locate the lesion. Skull base craniotomies can be used to:

- remove or treat large brain tumors, aneurysms, or AVMs
- treat the brain following a skull fracture or injury (e.g., gunshot wound)
- remove tumors that invade the bony skull

There are many kinds of craniotomies. Ask your neurosurgeon to describe where the skin incision will be made and the amount of bone removal.

### Who performs the procedure?

A craniotomy is performed by a neurosurgeon; some have additional training in skull base surgery. A neurosurgeon may work with a team of head-and-neck, otologic, plastic, and reconstructive surgeons. Ask your neurosurgeon about their training, especially if your case is complex.

## What happens before surgery?

You will typically undergo tests (e.g., blood test, electrocardiogram, chest X-ray) several days before surgery. In the doctor's office you will sign consent forms and complete paperwork to inform the surgeon about medical history (i.e., allergies, medicines, anesthesia reactions, previous surgeries). You may wish to donate blood several weeks before surgery. Discontinue all non-steroidal anti-inflammatory medicines (Naproxin, Advil, etc.) and blood thinners (coumadin, aspirin, etc.) 1 week before surgery. Additionally, stop smoking, chewing tobacco, and drinking alcohol 1 week before and 2 weeks after surgery because these activities can cause bleeding problems.

## What happens during surgery?

There are 6 main steps during a craniotomy. Depending on the underlying problem being treated and complexity, the procedure can take 3 to 5 hours or longer.

### Step 1: prepare the patient

No food or drink is permitted past midnight the night before surgery. Patients are admitted to the hospital the morning of the craniotomy. With an intravenous (IV) line placed in your arm, general anesthesia is administered while you lie on the operating table. Once asleep, your head is placed in a 3-pin skull fixation device, which attaches to the table and holds your head in position during the procedure (Fig. 2).

Insertion of a lumbar drain in your lower back helps to remove cerebrospinal fluid (CSF), thus allowing the brain to relax during surgery. A brain-relaxing drug called mannitol may be given.

### Step 2: make a skin incision

After the scalp is prepped with an antiseptic, a skin incision is made, usually behind the hairline. The surgeon attempts to ensure a good cosmetic result after surgery. Sometimes a hair-sparing technique can be used that requires shaving only a 1/4-inch wide area along the proposed incision. Sometimes the entire incision area may be shaved.

### Step 3: perform a craniotomy

The skin and muscles are lifted off the bone and folded back. Next, one or more small burr holes are made in the skull with a drill. Inserting a special saw through the burr holes, the surgeon uses this craniotome to cut the outline of a bone flap (Fig. 3). The cut bone flap is lifted and removed to expose the protective covering of the brain called the dura. The bone flap is safely stored until it is replaced at the end of the procedure.

### Step 4: expose the brain

After opening the dura with surgical scissors, the surgeon folds it back to expose the brain (Fig. 4). Retractors placed on the brain gently open a corridor to the area needing repair or removal. Neurosurgeons use special magnification glasses,

## Special tools & techniques

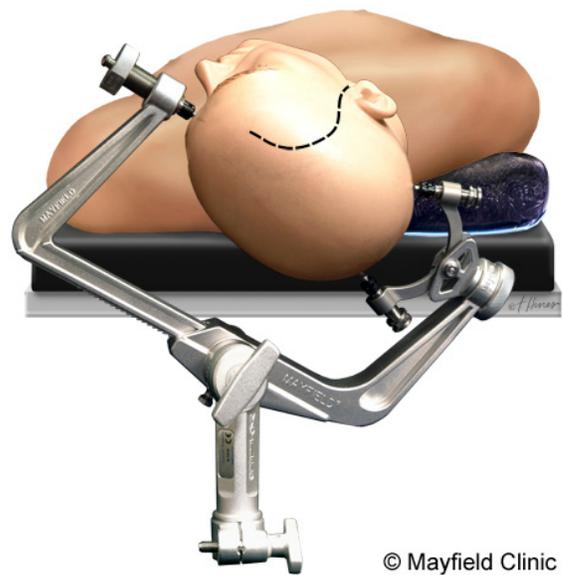
Broadly termed image-guided surgery (IGS), stereotactic techniques help the neurosurgeon pinpoint the exact location of a lesion within normal tissue.

Stereotactic means to locate a structure by use of 3-dimensional coordinates.

**Frame-based stereotaxy** uses a lightweight stereotactic head frame attached to the patient's skull. CT or MRI scans are taken. The stereotactic frame shows up on the scan and helps pinpoint the exact location of the lesion. The frame serves as a reference point to precisely guide instruments through a burr hole.

**Frameless stereotaxy** uses tiny markers, called fiducials, instead of a head frame. MRI or CT scans are taken and used to create a 3D computer model. During surgery, the fiducials and infrared cameras correlate the "real patient" to the 3D computer model and function as a global positioning system to help plan the craniotomy and locate the lesion. Instruments are detected by the cameras and displayed on the computer model.

**Intraoperative MRI or CT** is a specially designed operating room in which the patient can undergo an MRI or CT scan before, during, and after surgery. This enables the surgeon to have real-time images of the patient's brain and to know exactly how much tumor has been removed prior to ending the procedure.



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Figure 2. The patient's head is placed in a three-pin Mayfield skull clamp. The clamp attaches to the operative table and holds the head absolutely still during delicate brain surgery. The skin incision is usually made behind the hairline (dashed line).

called loupes, or an operating microscope to see the delicate nerves and vessels.

### Step 5: correct the problem

Because the brain is tightly enclosed inside the bony skull, tissues cannot be easily moved aside to access and repair problems. Neurosurgeons use a variety of very small tools and instruments to work deep inside the brain. These include long-handled scissors, dissectors and drills, lasers, ultrasonic aspirators (uses a fine jet of water to break up tumors and suction up the pieces), and computer image-guidance systems. In some cases, evoked potential monitoring is used to stimulate specific cranial nerves while the response is monitored in the brain. This is done to preserve function of the nerve and make sure it is not further damaged during surgery.

### Step 6: close the craniotomy

With the problem removed or repaired, the retractors holding the brain are removed and the dura is closed with sutures. The bone flap is replaced back in its original position and secured to the skull with titanium plates and screws (Fig. 5). The plates and screws remain permanently to support the area; these can sometimes be felt under your skin. In some cases, a drain may be placed under the skin for a couple of days to remove blood or fluid from the surgical area. The muscles and skin are sutured back together. A turban-like or soft adhesive dressing is placed over the incision.

### What happens after surgery?

After surgery, you are taken to the recovery room where vital signs are monitored as you awake from anesthesia. The breathing tube (ventilator) usually remains in place until you fully recover from the anesthesia. Next, you are transferred to the neuroscience intensive care unit (NSICU) for close observation and monitoring. You are frequently asked to move your arms, fingers, toes, and legs. A nurse will check your pupils with a flashlight and ask questions, such as "What is your name?" You may experience nausea and headache after surgery; medication can control these symptoms. Depending on the type of brain surgery, steroid medication (to control brain swelling) and anticonvulsant medication (to prevent seizures) may be given. When your condition stabilizes, you'll be transferred to a regular room where you'll continue to be monitored and begin to increase your activity level.

The length of the hospital stay varies, from only 2–3 days or 2 weeks depending on the surgery and development of any complications. When released from the hospital, you'll be given discharge instructions. Stitches or staples are removed 7–10 days after surgery in the doctor's office.

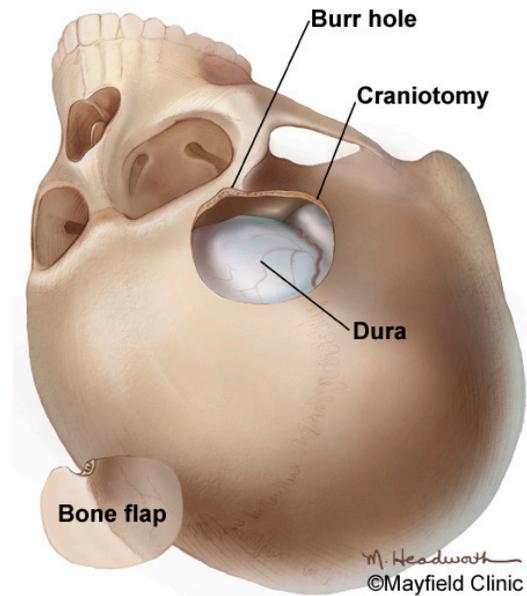


Figure 3. A craniotomy is cut with a special saw called a craniotome. The bone flap is removed to reveal the protective covering of the brain called the dura.

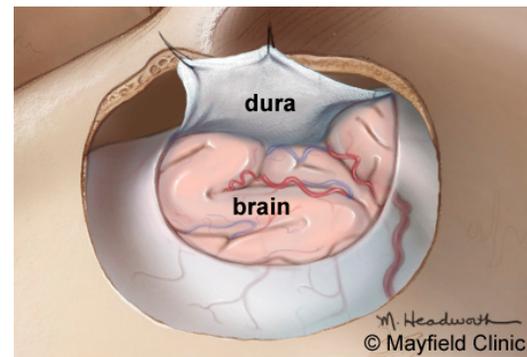


Figure 4. The dura is opened and folded back to expose the brain.



Figure 5. The bone flap is replaced and secured to the skull with tiny plates and screws.

## Discharge instructions

### Discomfort

1. After surgery, headache pain is managed with narcotic medication. Because narcotic pain pills are addictive, they are used for a limited period (2 to 4 weeks). Their regular use may also cause constipation, so drink lots of water and eat high fiber foods. Laxatives (e.g., Dulcolax, Senokot, Milk of Magnesia) may be bought without a prescription. Thereafter, pain is managed with acetaminophen (e.g., Tylenol) and nonsteroidal anti-inflammatory drugs (NSAIDs) (e.g., aspirin; ibuprofen, Advil, Motrin, Nuprin; naproxen sodium, Aleve).
2. A medicine (anticonvulsant) may be prescribed temporarily to prevent seizures. Common anticonvulsants include Dilantin (phenytoin), Tegretol (carbamazepine), and Neurontin (gabapentin). Some patients develop side effects (e.g., drowsiness, balance problems, rashes) caused by these anticonvulsants; in these cases, blood samples are taken to monitor the drug levels and manage the side effects.

### Restrictions

1. Do not drive after surgery until discussed with your surgeon and avoid sitting for long periods of time.
2. Do not lift anything heavier than 5 pounds (e.g., 2-liter bottle of soda), including children.
3. Housework and yard-work are not permitted until the first follow-up office visit. This includes gardening, mowing, vacuuming, ironing, and loading/unloading the dishwasher, washer, or dryer.
4. Do not drink alcoholic beverages.

### Activity

5. Gradually return to your normal activities. Fatigue is common.
6. An early exercise program to gently stretch the neck and back may be advised.
7. Walking is encouraged; start with short walks and gradually increase the distance. Wait to participate in other forms of exercise until discussed with your surgeon.

### Bathing/Incision Care

8. You may shower and shampoo 3 to 4 days after surgery unless otherwise directed by your surgeon.
9. Sutures or staples, which remain in place when you go home, will need to be removed 7 to 14 days after surgery. Ask your surgeon or call the office to find out when.

## When to Call Your Doctor

10. If you experience any of the following:

- A temperature that exceeds 101° F
- An incision that shows signs of infection, such as redness, swelling, pain, or drainage.
- If you are taking an anticonvulsant, and notice drowsiness, balance problems, or rashes.
- Decreased alertness, increased drowsiness, weakness of arms or legs, increased headaches, vomiting, or severe neck pain that prevents lowering your chin toward the chest.

## Recovery

The recovery time varies from 1 to 4 weeks depending on the underlying disease being treated and your general health. Full recovery may take up to 8 weeks. Walking is a good way to begin increasing your activity level. Start with short, frequent walks within the house and gradually try walks outside. It's important not to overdo it, especially if you are continuing treatment with radiation or chemotherapy. Ask your surgeon when you can expect to return to work.

## What are the risks?

No surgery is without risks. General complications of any surgery include bleeding, infection, blood clots, and reactions to anesthesia. Specific complications related to a craniotomy may include:

- stroke
- seizures
- swelling of the brain, which may require a second craniotomy
- nerve damage, which may cause muscle paralysis or weakness
- CSF leak, which may require repair
- loss of mental functions
- permanent brain damage with associated disabilities

## What are the results?

The results of your craniotomy depend on the underlying condition being treated.

## Sources & links

If you have more questions or would like to schedule an appointment with one of our neurosurgeons, please call (515) 241-5760. Our offices are located on the Iowa Methodist Campus.

## Glossary

**biopsy:** a sample of tissue cells for examination under a microscope to determine the existence or cause of a disease.

**burr hole:** a small dime-sized hole made in the skull.

**cerebrospinal fluid (CSF):** a clear fluid produced by the choroid plexus in the ventricles of the brain that bathes the brain and spinal cord giving them support and buoyancy to protect from injury.

**craniectomy:** surgical removal of a portion of the skull.

**craniotome:** a special saw with a footplate that allows cutting of the skull without cutting the dura mater.

**craniotomy:** surgical opening of a portion of the skull to gain access to the intracranial structures and replacement of the bone flap.

**dura mater:** the outer protective covering of the brain.

**endoscopic-assisted surgery:** a procedure using a probe (endoscope) fitted with a tiny camera and light, which is inserted through a small keyhole craniotomy to remove a tumor.

**laser:** a device that emits a narrow intense beam of energy to shrink and cut tissue.

**lesion:** a general term that refers to any change in tissue, such as tumor, blood, malformation, infection, or scar tissue.

**image-guided surgery:** use of preoperative CT or MRI scans and a computer workstation to guide surgery.

**otologic surgeon:** a doctor who specializes in surgery of the ear.

**oculoplastic surgeon:** a doctor who specializes in surgery of the eye and face.

**skull base surgeon:** a doctor with special training to perform complex craniotomies at the base of the skull.

**seizure:** uncontrollable convulsion, spasm, or series of jerking movements of the face, trunk, arms, or legs.

**shunt:** a drainage tube to move cerebrospinal fluid from inside the ventricles of the brain into another body cavity (e.g., abdomen).

**stroke:** a condition caused by interruption of the blood supply to the brain; may cause loss of ability to speak or to move parts of the body.

**stereotactic:** a precise method for locating deep brain structures by the use of 3-dimensional coordinates.

**ultrasonic aspirator:** a surgical tool that uses a fine jet of water, ultrasonic vibration, and suction to break up and remove lesions.



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